Bully or Bothersome?

Bullying is unfair and one-sided. It happens when someone KEEPS hurting, frightening, threatening, or leaving someone out on purpose.

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| **Bullying Behavior** | Bothersome Behavior |
| Ongoing or Repetitive | Once or Twice |
| On Purpose | Maybe Accidental? |
| Threatening | Annoying |
| Unfair/One-Sided | Everyone Plays a Part |
| I feel Afraid | I feel bothered/frustrated |
| Intent to hurt or harm | Attention Seeking |

Bothersome behavior is something that annoys or frustrates you, but doesn’t make you feel unsafe. This behavior is to get your attention or the attention of others.